WARMUP SCHEDULE

FRIDAY, APRIL 10

FRI 10/04	8:00 AM	8:30 AM	W	11-12 Duet Warmup #1
	8:35 AM	10:00 AM	17	11-12 Duet Competition
	10:05 AM	10:35 AM	W	11-12 Duet Warmup #2
	10:40 AM	12:05 PM	17	11-12 Duet Competition (Cont.)
	12:10 PM	12:40 PM	W	Mixed Ability Duet Warmup
	12:45 PM	1:55 PM	3	Mixed Ability Duet Level A Competition
			5	Mixed Ability Duet Level B Competition
			6	Mixed Ability Duet Level C Competition
	2:00 PM	2:30 PM	W	Masters Solo Tech Warmup
	2:35 PM	3:10 PM	7	Masters Solo Tech Competition
	3:15 PM	3:45 PM	W	Adapted Team & Solo Warmup
	3:50 PM	5:00 PM	2	Adapted Team Competition
			6	Adapted C Solo Competition
			6	Adapted P Solo Competition
	5:05 PM	5:35 PM	W	Free Combination & Acrobatic Routine Warmup
	5:40 PM	6:05 PM	5	Free Combination Competition
	6:05 PM	6:15 PM	2	Acrobatic Routine Competition
	6:20 PM	6:40 PM	W	Masters Solo Free Warmup
	6:45 PM	8:05 PM	16	Masters Solo Free Competition

Competition Pool		Warmup Pool		
		South Side (Closest to Change Rooms)	Lap Warm Up	North Side (Closest to Windows)
Official Warmup			Lap Warm Up	Official Warmup
Competition	11-12 Duet - Competitors			Open Pool
Official Warmup				Official Warmup
Competition	11-12 Duet - Competitors			Open Pool
Official Warmup				Official Warmup
Competition	Mixed Ability Duet - Competitors			Open Pool
Official Warmup				Official Warmup
Competition	Masters Solo Tech - Competitors			Open Pool
Official Warmup				Official Warmup
Competition	Adapted Team & Solo - Competitors			Adapted Team & Solo - Competitors
Official Warmup				Official Warmup
Competition	Combo & Acrobatic Team - Competitors			Combo & Acrobatic Team - Competitors
Official Warmup				Official Warmup
Competition	Masters Solo Free - Competitors			Open Pool
Pool Closed				